

Center for Colon & Rectal Health, Inc.

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POST COLONOSCOPY INSTRUCTIONS

1. You **may not** drive, operate hazardous machinery, or drink alcohol on the day of your colonoscopy.
2. You may eat or drink anything you like (but no alcohol) when you get home.
3. The doctor will review your colonoscopy results with you after your procedure. If a biopsy is taken or a polyp removed, please **do not take fish oil, vitamin E, or herbal vitamins for two weeks** after your colonoscopy. Also, **do not take** any of the following medications or any medication containing **aspirin or ibuprofen for two weeks**:

Advil	Bufferin	Eliquis	Lovenox	Plavix
Aleve	Cilostazol	Empirin	Meclomen	Pletal
Alka Seltzer	Clinoril	Excedrin	Mobic	Pradaxa
Apixaban	Clopidogrel	Feldene	Motrin	Relafen
Anacin	Coumadin	Fiorinal	Naprosyn	Ticlid
Anaprox	Daypro	Heparin	Naproxen	Toradol
Arixtra	Dipyridamole	Ibuprofen	Norgesic	Voltaren
Arthropan	Disalcid	Indocin	Nuprin	Warfarin
Ascriptin	Ecotrin	Lodine	Percodan	Xarelto
Aspirin/Baby Aspirin	Effient	Lovaza	Persantine	

**** TYLENOL IS SAFE TO TAKE ****

4. You may have some abdominal cramping or soreness. This is especially likely if you have had previous abdominal surgery or if you have diverticulosis. Contact one of the doctors if the pain seems to get worse rather than better, if you develop a fever, nausea, vomiting, or if you pass blood in your stool.
5. If you have had a polyp removed or a biopsy taken, you will receive a telephone call from our office when the report from the pathologist is received. If you do not hear from our office, please allow at least six business days before calling.